

Western Bay Health and Social Care Programme

Area Plan

for Care and Support Needs

2018-2023



Executive Summary

Why do we have an Area Plan?

In 2014, the Welsh Government published the Social Services and Well-being (Wales) Act, which came into force in April 2016 and is transforming the way health and social care services are delivered in Wales.

Section 14A of the Act places a duty on Local Authorities and Health Boards to produce an Area Plan. The Plan considers people's care and support needs, based on the findings of the 2016/17 Population Assessment exercise, and outlines the actions required to address these needs.

What did the Population Assessment involve?

The Population Assessment was an information gathering exercise intended to help service providers to understand more about the lives of people in the area and enable them to make better, more informed decisions about how care and support services are delivered.

The Western Bay Population Assessment saw Bridgend County Borough Council, Neath Port Talbot County Borough Council, Swansea Council and the Abertawe Bro Morgannwg University (ABMU) Health Board join forces with partner organisations in the Third Sector to collect information relating to:

- the range and level of services required to meet the care and support needs of people living within the region
- where there are gaps in service provision, and how these can be addressed, and
- what changes are required to improve services in the future.

The Population Assessment also took into account the support needs of Carers, as well as considering the range and level of preventative services available across the region.

The exercise was carried out during 2016/17, and the final version was published on 1st April 2017 (see www.westernbaypopulationassessment.org).



Core Themes

The Population Assessment is split into key chapters based on a series of core themes.

These are:

- Older People
- Children and Young People
- Carers who need support
- Mental Health
- Learning Disability and Autism
- Sensory Impairment
- Health and Physical Disability
- Violence Against Women, Domestic Abuse and Sexual Violence
- Safeguarding and Deprivation of Liberty Safeguards
- Secure Estate.

The Population Assessment also highlighted a number of cross-cutting themes, which included:

- Increasing levels of need for people with complex needs, chronic and long term conditions
- Accessibility of services, including transport
- Preventative and support services within communities
- Loneliness and social isolation for improved health and wellbeing
- Information, advice and assistance
- Assistive technology and telecare provision for people to maintain independence
- Growing demand, diminishing resources
- Transition between adults' services and children's services
- Preventative (low level) and specialist mental health services for children and young people and adults (this section identified the highest number of support and care needs)
- Appropriate accommodation solutions for a wide range of citizens with needs
- Supporting the growing number of Carers and Young Carers.

Regional Priorities

Having considered the findings of the Population Assessment, the Western Bay Regional Partnership Board have identified the following as key priority areas for integrated working:

- Older People
- Children and Young People
- Mental Health
- Learning Disability and Autism
- Carers (this is a cross-cutting theme).



Older People

OP.P1	Develop and continue to provide a sustainable range of services that meet demand, enabling individuals to remain at home maintaining their independence for as long as possible receiving appropriate support at times of need.
OP.P2	Develop and provide a range of future accommodation options to meet demand and enable people to remain independent for as long as possible.
OP.P3	Develop community resilience and cohesion to tackle social isolation in areas where older people live.
OP.P4	Develop an optimum model for older people's mental health services (including relevant components of the Welsh Government All Wales Dementia Strategy/Plan).



Children and Young People

CYP.P1	Develop a better range of services for all children with emotional difficulties and wellbeing or mental health issues, including transition and single point of access to services.
CYP.P2	Develop robust multi-agency arrangements with children with complex needs.



Mental Health

MH.P1	Commence implementation of the agreed optimum model for Adult Mental Health services, as outlined in the Western Bay Strategic Framework for Adults with Mental Health problems.
MH.P2	Ensure placements for people with complex needs are effective, outcome based and appropriate.



Learning Disability and Autism

LD.P1	Develop age blind, person-centred models of care to ensure prevention and early intervention through multi-disciplinary services, by remodelling services away from establishment-based care into community-based services.
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Please note:

There have been different views about whether Learning Disability and Autism should be considered as one priority / chapter or separate chapters. We have attempted to reflect the range of views and have included them as one chapter in the Area Plan, but they feature as separate chapters in the Action Plan.



Carers (cross-cutting)

CA.P1	Ensure work continues to promote early recognition of Carers so that they are signposted to information and support in a timely manner.
CA.P2	Develop and continue to provide information, advice, assistance and support to all Carers, enabling them to make informed choices and maintain their own health and wellbeing.
CA.P3	Co-produce with all Carers on an individual and strategic basis so that their contribution is acknowledged and their voices are heard.

Other Themes/Chapters

The Area Plan also highlights areas of work being undertaken on a local basis by Local Authorities and the ABMU Health Board as part of their core business, or via existing partnerships across the region.

These are:



Sensory Impairment

SI.P1	Agreement of priorities and actions through coproduction, to improve well-being outcomes for our most vulnerable citizens with sensory impairment, and dual sensory impairment to achieve their well-being outcomes.
SI.P2	Take a multi-agency approach and consider the most appropriate way to produce a communication strategy which will make information, communication and technology, and public spaces more accessible to people with sensory loss.
SI.P3	Making information about public services more accessible for people with sensory loss.
SI.P4	Better understanding of population needs within certain target groups, and the full range of resources.



Health and Physical Disability

HPD.P1	Specific focus on improving the range of flexible housing options available within the region.
HPD.P2	Promoting early intervention and prevention through information, advice and assistance.
HPD.P3	Map out/audit of locality groups available to provide clarity and guidance to commissioners on specific needs of different populations.



Safeguarding and Deprivation of Liberty Safeguards

Please note:

Regional priorities are managed via the [Western Bay Safeguarding Boards](#) and will not be governed through Western Bay Regional Partnership Board (with the exception of an annual report for information purposes).

SDoL.P1	Reduce exploitation across Western Bay, specifically focussing on Child Sexual Exploitation, Missing Children, Modern Slavery and County Lines.
SDoL.P2	Improvement of care provision across Western Bay for residential care and care and support at home, specifically developing safeguarding standards for Care Home and monitoring the implementation of those standards.



Violence Against Women, Domestic Abuse and Sexual Violence (VAWDASV)

Please note:

Regional priorities are managed via Public Service Boards and will not be governed through Western Bay.

VAW.P1	Increase awareness and challenge attitudes of VAWDASV across the population of Bridgend County Borough Council.
VAW.P2	Increase awareness in children and young people of the importance of safe, equal and healthy relationships and that abusive behaviour is always wrong.
VAW.P3	Increase focus on holding perpetrators to account and provide opportunities to change their behaviour around victim safety.
VAW.P4	Make early intervention and prevention a priority.
VAW.P5	Ensure relevant professionals are trained to provide effective, timely and appropriate responses to victims and survivors.
VAW.P6	Provide victims with equal access to appropriately resourced, high quality, needs-led, strength-based, gender-responsive services across the Bridgend County Borough Council area.



Secure Estate

Key areas of work being progressed by other partnerships and planning arrangements across the region are:

- Swansea:
 - Work of the Multi-agency Implementation Group
- Neath Port Talbot:
 - Submission of a proposal for a step-down provision at Hillside Secure Unit and scope out possible options
 - To advertise and recruit a resettlement officer
 - To upgrade all facilities at Hillside Secure Unit, commensurate with the needs of the service
 - Deliver presentation to all regional partners outlining the repurposing of Hillside.
- Bridgend:
 - Deliver against the Social Services and Wellbeing Directorate Business Plan (2017-18)
 - Work of the Prison Health Partnership Board and various Strategic Oversight Groups.

Action Plan

A Western Bay Action Plan has been developed, which goes hand in hand with the Area Plan and outlines how the Regional Partnership Board's priorities will be delivered during 2018/19. This can be viewed by visiting:

www.westernbay.org.uk/areaplan

Progress will be reported via the Western Bay Regional Partnership Board's Annual Report, which will be published on www.westernbay.org.uk

The priorities being progressed by other partnerships will be reported via other mechanisms, such as the Public Service Board, or by organisational planning mechanisms, such as the Local Authority Corporate/Improvement Plans and ABMU Health Board's Integrated Medium Term Plan.

The Area Plan will be reviewed on an annual basis.

If you require this document in a different format, please contact the Western Bay Programme Office via email at western.bay@swansea.gov.uk or telephone 01792 633805